

The Recovery Process

Dr. Gregory E. Tucker



Dr. Gregory Tucker

AND THE WINNER IS

www.therecoveryprocess.com

Upstream of duality, which is our place of origin, we, as Mind, are always in relationship. If mind is all of one 'thing', then that's what 'we' are: "mind stuff". Our relationship is fixed, permanent and non-negotiable. As "mind stuff", I am what you are and you are what I am. At some level of knowing, we all know this to be true. When I watch you I see me. When you watch me you see you. Mind is always what we are regardless of what we do to pretend we are separate entities, unrelated and detached. Mind unites us as "The one of something", eternally, no matter what 'we' make up to dismiss, ignore, or turn our back on that fixed fact.

'Relationship' is what we are; it isn't something we create. It underscores our reality. Upstream of surface appearances, there is no 'retarded child' that isn't who we are. You are the man with the prosthetic leg, fresh from the war. You may be blessed with beauty, but you are anyone whose looks are less than perfect. Our inherent connection exists upstream of our preoccupation with 'differences'. Is the black man white or is the white man black? Do we share the same God, or is my God better than your God? Is there really more than one God?

Try as hard as we may, we can't cancel the truth of our relationship. There is a lot of proof for this. Men cry when they shoot 'the enemy' in a war. Who shot whom? Who dies? Who is 'right' and who is 'wrong'?

What makes a man forfeit his life to save the life of a "total stranger"? What makes someone stand up to 'the bully' who is humiliating a much smaller child? What does it take to transcend the self in the service of others? Doesn't all of this allude to the truth that our relationship is basic and fundamental and that in the name of "duality" it is probably going to take a lot of abuse?

Once we create duality, truth disappears under the rubble of our determination to prove no such relationship exists. We treat the truth of our innate connection as a 'problem' to be ignored. It gets in the way of the lie we are separate, unrelated, independent entities who must dismiss truth in order to defend the hoax called duality. It interferes with the lie of the separate self. It minimizes the significance we assign to 'differences'. It is too equalitarian, and this will never do if we are

going to engage in a game in which we pretend 'this one is better than that one'. The truth is, our connection gets in the way of the game, and the game appears to be more important than the truth. In many instances, the game is more important than anything; including reason, happiness, love, and in the face of duality gone wild, war.

What is there about truth we find so offensive? It pulls the plug on 'duality' which in turn pulls the plug on 'the self' which takes us to the consideration that we are not what we pretend to be. We are willing to dismiss our inherent unity to defend the fiction of our imagined individuality.

Anything that brings us home to the truth of our connection is viewed with suspicion; as a threat to the person we pretend to be. Anything that threatens the lie that duality exists, like intimacy, and integrity and selflessness, must be avoided in the name of protecting the way we use time in this dream. If we recover the fact the self is a metaphor that rides on the coattails of a hoax called "duality", we will get too close to the truth of why nothing is what it appears to be.

This dream features 'Sadness' because the lie of who we pretend to be takes precedence over the truth of who we are in fact. In this dream, we are willing sacrifice the truth to pretend we forgot who we are, and it is this fact that fills 'the dreamers' with that vague feeling that we sold out in favor of defending our imaginary standing in this imaginary game.

The dream features "evil" as long as we fill time with the defense of the lie the self is real. Without duality, the dreamers would live in harmony, and you know what that would do to our love affair with drama, especially of the down, dirty and desperate variety.

As the sages remind us, winning in this dream can only occur when the dreamers "lay everything down" that prolongs the fiction that 'this' is real and 'we' are the people we pretend to be. A dreamer wins in this dream when it admits it knows, and always knew, nothing 'going on' ever had a single thing to do with people.

In the interim, while the dream waits for this or that dreamer to wake up, there is the dreamer's love affair with 'resistance', or what it takes to keep a fiction in place as a fact for the duration of the game. Most of 'us' play "hard ball", but now and then a dreamer wakes up, bursts into laughter and stops defending the fiction it exists to be a person, and that the creation of suffering has any chance of changing the fact.

Dr. Gregory Tucker creates a regular series of articles at [The Recovery Process - www.therecoveryprocess.com](http://www.therecoveryprocess.com)

Copyright 2006© TheRecoveryProcess.com - All rights reserved.
To copy, modify, display, or distribute any of the contents of this article is expressly forbidden.

Article Service by [DET-Online - www.det-online.com](http://www.det-online.com)