

The Recovery Process

Dr. Gregory E. Tucker



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INSIDE THE AWAKENED STATE

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This dream, the one that is what 'right now' is, features where every dreamer in the dream is with the truth it is a dreamer in this dream. The dreamers' level of consciousness provides the clue. Since no dreamer can be anything but the dreamer that it is, each dreamer reveals where it is with that fact. In general, those below the line are either one with the truth everything is content in this dream, or they are recovering that fact at the rate they do. Only the dreamers recover the truth and only as an event in the dream. Most dreamers, however, resist truth so they can play the part of 'real people' in this dream. No dreamer can do this successfully and know simultaneously that there are no people, just dreamers impersonating people. The dream features 'the dreamers' delivering the full spectrum of consciousness, from those who reject truth to those who accept truth, and everything in between.

If the dream features you working with dreamers with 'disabilities' and a variety of 'handicaps,' you will encounter the full spectrum of consciousness immediately. There are some dreamers who know no one exists to have any kind of disability, so they play the part of a dreamer with a "disability." They don't use the 'disability' to play the part of a person who is a tragic figure because they know there is no one to be anything, including "disabled." It is the absence of 'self pity' that grabs your attention. They know, or 'sense,' there is no one to have a self, this being just a dream, and not even 'pity' will revoke that fact. They are dreamers whose presentation in the dream includes 'disabilities' which they don't use as the vehicle to defend the lie they are genuine "tragic figures."

This dream features 'everything' as content in the dream, including 'disabilities,' and 'accidents' and 'loss' and 'traumatic events' which dreamers will either use to play the part of a 'damaged person,' or not.

The closer a dreamer is to the truth the dream includes 'everything,' the less likely it is to use 'difficult events' as the vehicle to play the part of a 'wrecked person.' Sometimes you wonder why they don't use their 'disability' as the centerpiece in their personhood parody, but they don't. We are inclined to dismiss the truth they are awake in the dream by calling them "brave," which they find very amusing. The dream dishes up everything that shows up and a few dreamers flow with events while most of us use events in the dream to lock in the lie 'bad' things are happening to 'unfortunate people.'

It all comes down to the way the dream features 'the dreamers' responding to events in the dream. For most of us, time is the venue in which we get to play out the part of a less than okay person; someone who endured a succession of tragic events, especially during childhood, that feature us starring as 'damaged beings,' either using time to act it out, or hiding it because some other dreamer might challenge the authenticity of our drama. Besides, suffering in silence indemnifies the whole parody.

Not all dreamers are predisposed to treat awful events as "trauma," which should alert us to where a dreamer is with the truth everything is content in this dream. For example, twenty men face the same firefight in the dream, six come home with PTSD, and the rest begin to say things like, "it seemed like a very bad dream, but I am still okay." Are they closer to the truth nothing 'going on' has any more reality than content in a dream? Could it be they were not predisposed to turn war, as ugly as it is, into the event they can use to play the part of a human who is so wrecked it will never recover? Not all dreamers reveal the same proclivity to sacrifice life in the dream to play the part of a real, less than okay person.

You meet guys in the dream who lost both legs but do not use this to drop out of the dream. They are less inclined to assume that 'events' are real and that anyone exists to be 'ruined' by anything. They take up running on artificial legs, and they have spirit, spunk and an abundance of good will. This can serve as an embarrassment for those dreamers who rely on tiny traumas to drag out the fiction something is wrong with them. You could argue that they are masters of denial, and some may do that to not address their hidden inclination to use trauma to reinforce the lie a self exists to be pitied, but those who are awake in this dream see 'everything' as just more content in the dream, and the dream includes 'awful events' some dreamers will rely on to defend the fiction someone exists to be a less than okay person. Since this dream isn't about people, nothing a dreamer uses in the dream to reinforce the fiction it is one will ever make the slightest impact on the truth. It's all in the dream, no matter what shows up.

The boys and girls will be coming home soon, and a huge number will wear their battle wounds for the rest of their days in this dream. Some will telegraph their flirtation with pity as a way of life, but a great number know they are the same spirit they always were; they just don't have legs now. They don't want pity. They want to get back into the game. They want to be seen as whole and complete, even though events in the dream have changed their physical appearance. How many dreamers use their 'defective' appearance to anchor their stand in the dream as a real, less than fortunate person? If there is a moral to this story it is this: relate to the dreamer in the dream as a dreamer in the dream regardless of how it uses time to prolong the fiction it is a less than okay person. There are no persons to be anything, so what counts is where you are in the dream with the truth it's all content in the dream, including 'the good,' 'the bad,' and 'the downright awful.' If you can say one thing about love, it looks past appearance and reminds us that we are all part of the one of something 'going on, and that appearances are deceptive and very misleading.

Dr. Gregory Tucker creates a regular series of articles at [The Recovery Process - www.therecoveryprocess.com](http://www.therecoveryprocess.com)

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