

The Recovery Process

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Is Life Funny, Or What?

<http://www.therecoveryprocess.com>

If you divide consciousness into low and high levels of awareness, what comes into focus is that most of us clump above the line in the domain of low consciousness. If you drop below the line, truth comes into focus and truth is a problem because it threatens to reveal why nothing is what it appears to be.

Truth, for example, will disclose that what we call "reality" is actually a fantasy taking place in a dream. Most dreamers use time to dismiss truth so they can carry on above the line as if everything is real, and not content in a dream, especially 'our' devotion to the fiction the self is real. Below the line, the dreamer recovers the truth nothing 'going on' has anything to do with people; only dreamers using time to impersonate people with a level of commitment that is legion in this dream.

What makes the dreamer funny in this dream is what it does above the line to prolong the fiction it is the 'real person' it insists it is. The line divides the dreamers into inveterate charade addicts who often appear to have zero recollection for the fact they are dreamers in a dream using time to promote the fiction they are people. If they all saw this fact simultaneously, it would manifest as "the laugh that shook the universe."

Humor goes with the truth there is no one to be anything at all, and, in the absence of anyone, there is no one to find this upsetting. This dream isn't about people; it's all about what the dreamers do in this dream to play the part of people, and to do this convincingly a dreamer must pretend successfully that it forgot there is no one to be a person.

People aren't at risk from the truth; it's the poor dreamer who is locked into using time to prolong the fiction "The Personhood Game" is winnable. In the absence of winning, what remains is to see whose personhood parody best approximates winning convincingly. The dream is the context for a charade, and everyone is a contestant above the line. The metaphor is true: "we are all in this boat

together.”

The question is what does the dreamer need to be at the effect of to do personhood believably? The list is endless.

First, no dreamer can do personhood believably in this dream unless it creates the hoax called “duality,” or the fiction of separation from the rest of the dream so you can assemble a self that is unrelated to everything else, especially other dreamers posing as people doing the exact same thing. Duality promotes the fiction of ‘the self,’ and no dreamer can do personhood convincingly without the creation of ‘the self.’

If the self you invent is basically positive, you just flow through time as a ‘positive being’ whose parody is very close to that of a happy spirit. Unfortunately, the most effective way to do personhood convincingly is to invent a less than okay self, one that is damaged, defective, lacking, etc, because victimhood works best to defend “The Master Lie,” that ‘this’ is real, and certainly not a dream, and that all ‘the people’ are the people they insist they are.

Equipped with these two lies, ‘duality’ and ‘the self,’ the dreamer has what it needs to engage in the charade taking place above the line, everywhere in the dream. Now the invented self needs a good story to occupy so it can use time to play the part of a ‘real person,’ and usually a genuine suffering someone.

Most stories are good for a lifetime. All stories, in the absence of people, are false. All stories are in response to the stories other dreamers keep in place so they can deliver their personhood parody convincingly, too. Above the line, “reality” includes the interaction of the bogus stories the dreamers require to defend “The Master Lie.” It’s all content in a play, just like Shakespeare said, and the dream that is in progress comes to life as ‘very real,’ thanks to the dreamers in this dream.

Do you know how many dreamers’ stories feature “The Abandonment Theme” as the centerpiece for their charade? The dream includes ‘abandonment’ as content in the dream, but the dreamer uses this event to defend the fiction it is a real “tragic figure?” If ‘right now’ can only be the dream ‘going on,’ not even a ‘good’ bad story can revoke that fact. The dream is always the context for “The Whole Show,” including fear, phobias, anger, violence, love, hate, confusion, addictions, competition, achievement, success, failure and dread that truth might expose the truth of how dreamers use time in this dream.

Time is what ‘we’ get in this dream and the mystery question is how are we going to fill it? Since we can only be transparent in this dream, pay attention; we are filling time with the show we are delivering, from one second to the next. When the dreamer recovers the truth, there is liberation, laughter, tears, and a profound sense of relief. The dream goes on, but now ‘you’ are free to fill time minus the weight of your bulky personhood agenda.

It pays to be very respectful for those dreamers whose devotion to their charade doesn't include a shred of insight. To be awake in the dream is to become a compassionate watcher of the drama that features 'you' as 'the watcher' in the dream.

Dr. Gregory Tucker creates regular articles at The Recovery Process.
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