

The Recovery Process

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Living life in the dream

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Most of us spend most of our time dismissing the fact we know that life is a dream in progress. The dream is always 'on', as in 'right now', and it always features where any dreamer is with the truth it is a dreamer in this dream -- playing the part of a person. Those who remain close to the truth they are dreamers in this dream, and not the person they impersonate, are having quite a time watching the dream unfold the way it must; featuring everything the dreamers do in the dream to defend "The Master Lie", that this is not a dream and that all 'the people' are the people they portray so convincingly in this dream. From their perspective, the whole drama is a vast charade delivered by the dreamers in this dream.

Most of the dreamers in this dream use time almost exclusively to prolong the defense of "The Master Lie", and this fills the dream with drama because no dreamer, regardless of the believability of its antics in the dream, can be a person in a dream. The dream precludes the possibility that any dreamer can ever be anything but a dreamer in this dream, either recovering the truth, or filling time with the defense of the lie it is the person it insists it is. In the extreme, the dreamer's personhood parody can assume a level of intensity that is literally "off the charts". When you are flat with the fact everything is content in the dream, sometimes you just sit there astounded by the dreamer's level of commitment to the defense of "The Master Lie". The range of seriousness is from 'the very serious' right up to the threshold of awareness that everything taking place is only content in a dream. Humor lingers patiently in the wings for this moment to occur in the dream.

This dream doesn't feature 'the dreamers' recovering the truth with ease; in fact, the dream features 'us' with our feet up against the door of truth, clinging to the lie nothing is content in a dream, as if a real person's life is at stake. What's at stake is the lie someone has a life to be at stake.

If everything is content in this dream, who exists to be at risk from anything? In this dream, our pet parody is to star as a real someone who is having a very 'difficult' life. The dreamer's best shot at authenticity is to star as a long-standing

victim who is barely managing to endure life's endless injustice. The competition for high marks in this role is fierce. If you pay attention, you can actually witness the dreamers compete to see whose parody about "life" is winning in "The Department of Realness." Sometimes embarrassment shows up because the player lacks the finesse to keep the parody believable. The competition dictates endless "over the top" drama, and it is everywhere in the dream.

Have you noticed that the closer we get to knowing we know this is a dream, the harder we work to defend the fiction we are the person we portray in the dream. What constitutes 'enough attention' in the dream? How obese do we have to get to be a person with a 'terrible problem'? How much alcohol must we consume to qualify as a "real alcoholic"? How much crime does it take to confirm the lie 'we' are a really "bad person"?

If you want to learn about your own charade in this dream, you don't have to look very far; Your teachers are everywhere. They are doing what you are doing in this dream, and some of them make you look like an unqualified neophyte. How much do they depend on the fiction "grudge" is real, as if someone exists to be against someone. Duality works perfectly in this dream to prolong the fiction someone exists to be against someone. Isn't this the centerpiece for this dream? We love to talk about love incessantly, but the lie we are the people we insist we are depends on all the troubles that come out of the lie duality is not only real, it works perfectly in the dream to qualify as "reality".

The next time you look in the mirror, consider saying out loud, "hello dreamer, are you booted up to do 'personhood' in the same old way today"? It's okay to laugh at your own parody; it's even better when it's clear there is no one to be a risk from the truth.

Dr. Gregory Tucker creates a regular series of articles at [The Recovery Process - www.therecoveryprocess.com](http://www.therecoveryprocess.com)

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