

# The Recovery Process

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## ***The Great Enlightenment Caper***

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Enlightenment happens exactly as fast as a dreamer in this dream stops playing the part of a person in search of truth and wisdom. As dreamers, we are famous for filling space and time with our vast assortment of personhood parodies, like there is someone to be 'okay' or 'not okay', or someone to "see the light," "discover the truth," or "find the right path home." These activities keep the fiction in place there is someone to be, do, have, run, control or "get" anything.

This dream features the dreamers playing the part of 'real people' in this dream. This preoccupation is central to this dream. As such, this is the basic plot for this dream. Once you know everything 'going on' is only content in a dream, you get to watch what the dreamers make up to prolong the fiction someone exists to have a self, either a 'good' one or a 'bad' one. The 'problem' is there is no one to have a self. How could a dreamer in a dream have any kind of a self? The dreamer either lives with the truth it is a dreamer in this dream, or it shows up to use time to invent a self which it uses in the dream to play the part of a 'real person.'

The dreamers' investment in "The Personhood Game" includes part-time players who find their own parody endlessly amusing, to the degree it almost seems like they know the defense of the invented self will never work to prove the self is real. In the absence of any one to have a self, humor is often the clue that a whole lot of 'knowing' is going on. Laughter comes easy. The need to defend a fiction as if it is a fact is conspicuously absent. The flow of communication is between dreamers who don't fill time with the defense of the self as if it requires protection. The defense of a non-existent self is pure comedy and highlights the fact that the self requires a defense because there is no one to have one. If you had one, would it require any kind of a defense?

Defending the non-existent self defines how the dreamers use time in this dream. One does it with full-time 'superiority,' while another does it with full-time 'inferiority.' Such extremes in dreamer behavior are common in this dream, but nothing the dreamers do in the dream can revoke the fact it is only a concept dreamers argue for in a dream; the one that is in full swing at this very moment. You don't have to look very far to witness the dreamers' stance in "The Personhood Game."

Most dreamers show up to play hard ball in this dream. This is only annoying as long as you think the players are "difficult people" instead of dreamers whose defense of the lie the self is real makes them 'difficult.' It isn't easy to defend a lie as if it is a fact. This is a very time-consuming enterprise in this dream. No dreamer, no matter how devoted it is to the game, is ever going to prove the self is real. Doesn't that ask far too much from the limitations of a dream? The inherent impossibility of the game explains defensiveness, irritability, negativity, anger and endless exasperation. The task is enough to make any dreamer upset because the defense of the lie the self is real is indefensible. It's a no-win game and all the dreamers, regardless of their current level of consciousness, know this. It takes a lot of energy, even in dream terms, to pretend you don't know there is no one to have a self.

The pursuit of "enlightenment" works perfectly to defend the lie someone has a self that will find truth. Dreamers, posing as 'real people' in this dream, depend on "the search for truth" to reinforce the fiction there is someone with a self to achieve that goal. How could that happen in a dream? It should be commended as one more way to prolong the fiction enlightenment is something for a self to discover. Since there is no one to find anything, let alone "enlightenment," it can endure for eternity as the perfect parody in this dream.

Picture the poor beleaguered self depending on never finding "enlightenment" to endure the suffering that goes with waiting for it to show up, as if it is elusive and difficult to find. How can it be found when there is no one to find it? I wonder if this is what Beckett had in mind when he wrote "Waiting for Godot"?

Dr. Gregory Tucker creates a regular series of articles at [The Recovery Process - www.therecoveryprocess.com](http://www.therecoveryprocess.com)

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