

# The Recovery Process

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## ***Truth is Humor***

[www.therecoveryprocess.com](http://www.therecoveryprocess.com)

Truth is always chomping at the bit, ready to burst out of the gate, ready to expose the lies that keep "reality" in place as a set of unequivocal facts we can all rely on. The dream we occupy as dreamers demands that we pretend we forgot all that so we can fill time with our vast assortment of personhood parodies.

For starters, the discrepancy between truth and what we defend as the truth is 180 degrees out of phase. If 'right now' is a dream in progress, who exists to be anything, including a 'person'? If this is true, there is no one to be upset about that fact. If truth upsets us, then the 'upset' is delivered by the dreamer in the dream who isn't ready to surrender to the fact nothing it does in the dream will prove it is a person. If this is true, then the name of this dream is "THE PLIGHT OF THE DREAMERS." It isn't easy to pretend to be a 'real person' in a dream.

Compassion makes perfect sense because no dreamer in a dream can be a person no matter what kind of a self it uses to authenticate the person it portrays in the dream. If that is true, then guess what? We have discovered the origin of 'tragedy.' Every dreamer is 'tragic' because it tries so hard to be something it can't be, and this plot provides the centerpiece for this dream. We have also discovered the origin of 'comedy' because the dreamers devote all their time to the defense of 'the self,' as if there is such a thing, and they insist it will work to prove the dreamer is a 'real person.' The Greeks were right: tragedy and comedy spring from the same lie; there is no one to be the one or the other. Both occur in the dream because the dream features everything the dreamers do to pretend they forgot nothing 'going on' has anything to do with people. Time is the venue that hosts this drama.

If there are no people, this being a dream in progress, how could men be from Mars and women from Venus? In the name of personhood, dreamers posing as 'real people' will buy into just about anything.

If the self doesn't exist because there is no one to have one, how could any product improve a non-existent self? All it can do is reinforce the lie the self exists to be repaired. All marketing reinforces the lie this or that product will enhance the lie the self is not only real, but it will become really significant as long as the

dreamer uses the product. Dreamers would rather believe the product will work than recover the fact it's another myth of convenience in the dream.

What makes "Brokeback Mountain" funny is coupling (pun deliberate) the rugged cowboy myth with homosexuality. This mixed metaphor alludes to the suspicion there is no one to be either and that putting the two together threatens to reveal what we work so hard to dismiss. The dream features dreamers as "cowboys," so why not "homosexual cowboys," just to remind us that the dream is the context for everything.

Dr Phil says "Self Matters," and his performance in the dream serves as the poster child for this myth. In this dream, the defense of the lie the self is real matters more than anything else in the dream. No dreamer can do personhood convincingly without filling the dream with the defense of the imaginary self. This is what this dream is all about. Wherever you look, this is what there is to witness. The defense of the lie the self is real is "Mission Impossible", the dreamers know it, and use time to pretend truth can be dismissed. How could a dreamer cancel truth when truth, or the dream, is the context for 'everything,' including how 'the dreamers' use time in the dream to pretend they forgot what the truth is so they can wage war against it? The dream is the context for "The Whole Show", no matter what that is.

There is no one to be gay, but the dream includes 'gay' just to remind us, upstream of duality, that everything is the same as everything else: dreamstuff. There is no one to be 'bad,' but thousands of dreamers depend on this story to lock in the lie a 'bad' self is a real self. It's just another parody in the dream, which, in the extreme, fills our jails with "bad people." Once a dreamer locks into the story it uses to prolong the fiction the self is real, it will drag it through time in the dream, sometimes for the duration. Once in a while the dream features "the epiphany", a kind of "spontaneous remission" when a dreamer wakes up and looks around and says, "Oh my God, have I ever been sound asleep in this dream."

"The Recovery Process" takes the dreamer home to the fact it's easier to be who we are than who we aren't and can never be.

"The wake up call" can occur any time: today, this afternoon, in a movie, sitting on a beach, during sex, or hanging from a rope while climbing a mountain. The dream is 'on', and the option to 'wake up' is imminent because every moment in the dream features where 'the dreamers' are with the fact they are dreamers in a dream, mostly using time to advance the fiction 'this' is 'real', and all 'the people' are the people they work so hard to impersonate.

Dr. Gregory Tucker creates a regular series of articles at [The Recovery Process - www.therecoveryprocess.com](http://www.therecoveryprocess.com)

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